

# IMODIUM<sup>®</sup> Advanced

## Chewable tablets

*Loperamide hydrochloride and simethicone*

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### Consumer Medicine Information

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#### What is in this leaflet

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This leaflet answers some common questions about IMODIUM Advanced. It does not contain all the available information. It does not take the place of talking to your doctor or pharmacist.

All medicines have risks and benefits. If you have any concerns about using IMODIUM Advanced ask your doctor or pharmacist.

**Keep this leaflet with your medicine.** You may need to read it again.

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#### What IMODIUM Advanced is used for

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IMODIUM Advanced is used to treat sudden (acute) diarrhoea. IMODIUM Advanced also relieves the symptoms of too much gas such as abdominal pain, bloating, cramping and flatulence (wind).

IMODIUM Advanced makes the stools more solid and less frequent. It does this by normalising the muscle contractions of the intestine. This allows the bowel time to absorb water and produce a more solid stool. IMODIUM Advanced also helps the body to get rid of excess gas trapped in the stomach and bowel.

Your doctor may have prescribed IMODIUM Advanced for another reason. **Ask your doctor if you have any questions about why IMODIUM Advanced has been prescribed for you.**

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#### Before you take IMODIUM Advanced

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##### When you must not take it:

##### Do not take IMODIUM Advanced if:

- you have an allergy to IMODIUM Advanced or any of the ingredients listed at the end of this leaflet (see **Product Description**).

- you are constipated, or have to avoid becoming constipated
- you have severe diarrhoea with blood in the stools or fever
- you have inflammation of the lower bowels (for example, ulcerative colitis or pseudomembranous colitis as a result of using antibiotics)
- you are breast-feeding
- the packaging is torn or show signs of tampering.

Do not use IMODIUM Advanced after the expiry date (month and year) printed on the pack. If you take IMODIUM Advanced after the expiry date it may not work.

Do not give IMODIUM Advanced to children under the age of 12 years.

##### Before you start to take it:

##### You must tell your doctor or pharmacist if you:

- are pregnant or planning to become pregnant
- are breastfeeding
- have or have ever had liver disease
- have kidney disease
- have AIDS (Acquired Immune Deficiency Syndrome)
- have glaucoma (pressure in the eye)
- have bladder problems
- regularly drink a lot of alcohol.

##### Taking other medicines:

**Tell your doctor or pharmacist if you are taking any other medicines, including medicines you can buy without a prescription from a pharmacy, supermarket or health food shop.**

In particular, tell your doctor or pharmacist if you are taking any of the following:

- sleeping tablets or medicines to treat anxiety and nervousness
- medicines to treat depression

- medicines that slow down action of the stomach and intestines.

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## Taking IMODIUM Advanced

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### How to take:

IMODIUM Advanced tablet should be chewed, then swallowed. No liquid intake is necessary.

### How much to take:

#### Adults:

The usual adult dose is two IMODIUM Advanced tablets initially, followed by one tablet after each loose unformed stool as needed. **Do not take more than four tablets in one day.**

Your doctor may prescribe a different dose for you.

IMODIUM Advanced tablets should be chewed.

#### Children:

**IMODIUM Advanced should not be given to children under 12 years of age.**

### If you forget to take it:

If you forget to take IMODIUM Advanced after an unformed stool, take it when you remember or after your next unformed stool.

**Do not take a double dose to make up for the dose you missed.**

If you are not sure what to do, check with your doctor or pharmacist.

### If you have taken too much (overdose):

Immediately telephone your doctor or the Poisons Information Centre for advice, or go to Accident and Emergency at your nearest hospital.

Do this even if there are no signs of discomfort or poisoning. You may need urgent medical attention.

Poisons Information Centre telephone numbers:

- Australia: 13 11 26
- New Zealand: 0800 POISON or 0800 764 766

Keep these telephone numbers handy in case of an emergency.

If you take too much IMODIUM Advanced you may have any of the following symptoms: sleepiness, nausea and vomiting, constipation, difficulty passing urine, weak breathing, muscle stiffness, and uncoordinated movements.

Children are more sensitive than adults to medicines such as IMODIUM Advanced. An accidental overdose is especially dangerous. Make sure IMODIUM Advanced is kept out of reach of children.

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## While you are using IMODIUM Advanced

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### Things you must do:

- If you do not improve after taking IMODIUM Advanced for 48 hours tell your doctor or pharmacist
- Drink plenty of fluids, to avoid dehydration
- Tell your doctor if you become pregnant while taking IMODIUM Advanced
- Tell your doctor or pharmacist that you are taking IMODIUM Advanced if you are about to start taking a new medicine.

### Things you must not do:

- Do not take more than four tablets in one day
- Do not use IMODIUM Advanced to treat any other complaint unless your doctor says to
- Do not give this medicine to anyone else, even if they have the same symptoms as you.

### Things to be careful of:

#### Effects on driving and operating machinery

Tiredness, dizziness or drowsiness can be seen with diarrhoea. Therefore, it is advisable to use caution when driving or operating machinery.

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## Side Effects

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All medicines can have side effects. Sometimes they are serious, most of the time they are not. You may need medical treatment if you get some side effects.

Do not be alarmed by this list of possible side effects. You may not experience any of them.

Ask your doctor or pharmacist to answer any questions you may have.

**Tell your doctor if you experience any of the following and they worry you:**

- nausea or vomiting
- constipation
- dry mouth or bad taste
- headache
- difficulty passing urine
- tiredness
- Stomach pain
- Fever

